January 2025: Memory Care



Sun Mon Tue Wed Thu Fri Sat



1 New Year's Dav!

10:00 AM Mass (35) 2:00 PM "The Sound of Music" (35) 6:00 PM "Back to the Future" (35)

2

9:30 AM Match Game 10:30 AM Rosary (C) 11:00 AM Mass (C) 1:00 PM Name collage 3:00 Afternoon 🗸 Stretch 6:00 PM Manicures

3

10:00 AM Exercise 10:30 AM Rosary(3) 11:00 AM Mass(3) 1:30 PM Bingo 5:30 PM Sing-a-long 6:30 PM "Overboard" (35)

BINGO

10:00 AM Current **Events** 1:30 PM Resident Choice 3:00 Relaxation &

4

Colorina 3:00 PM "Chicago" (35) 7:00 PM "Lawrence Welk" (107)

5

9:30 AM Sunday Headlines 10:00 AM Mass(3/C) 12:30 PM Hymns (CH35) 2:00 PM Trivia 6:00 PM "Planet Earth" (35) 🧃 🗓 🖊 🍃

10:00 AM Exercise 10:30 AM Rosarv(3) 11:00 AM Mass (3) 1:30 PM Hansel Monday 3:00 PM Sing-a-long 6:00 PM Puzzle Time



13

8 Elvis B-day!

10:00 AM Stretching 10:30 AM Rosarv(3) 11:00 AM Mass(3) 1:00 PM Group baking - Banana PB bread 3:00 PM Elvis trivia 5:30 PM Yahtzee 6:00 PM "Elvis Blue Hawaii" (35)

9:30 AM Match Game 10:30 AM Rosary (C) 11:00 AM Mass (C) 2:00 PM Birthday bash w/ Z Praise music (UHT) 6:00 PM Sing-a-Long



10

10:00 AM Exercise 10:30 AM Rosarv(3) 11:00 AM Mass(3) 1:30 PM Bingo 5:30 PM Manicures 6:30 PM "Fun in Acapulco" (35)



11

10:00 AM Current **Events** 1:30 PM Resident Choice 3:00 PM Relaxation & Colorina 6:00 PM "Make Room for Daddy" (35) 7:00 PM "Lawrence

12

9:30 AM Sunday Headlines 10:00 AM Mass(3/C) 12:30 PM Hvmns (CH35) 2:00 PM Trivia 6:00 PM "Planet Earth #2" (35)



10:00 AM Exercise 10:30 AM Rosary(3) 11:00 AM Mass (3) 1:30 PM Penauin Craft 3:00 Sino-a-lono 6:00 PM Board Games



14

9:30 AM Action Game

10:30 AM Rosary (C)

11:00 AM Mass (C)

2:00 PM Afternoon

5:30 PM Reminiscina

movie & popcorn

Circle

9:30 AM Action Game 10:30 AM Rosary (C) 11:00 AM Mass (C) 2:00 PM Afternoon movie & popcorn 5:30 PM Fold and Sort Activity



10:00 AM Stretching 10:30 AM Rosary(3) 11:00 AM Mass(3) 1:00 PM Coffee Chat 3:00 PM Music circle 5:30 PM Pictionary

15



16 Tea Time!

9:30 AM Match Game 10:30 AM Rosary (C) 11:00 AM Mass (C) 2:00 PM Winter Tea Party (UHT) 6:00 PM Sing-a-Long



17

10:00 AM Exercise 10:30 AM Rosary(3) 11:00 AM Mass(3) 1:30 PM Bingo 5:30 PM Manicures 6:30 PM "Happy Feet" (35)



18

10:00 AM Current **Events** 1:30 PM Resident Choice 3:00 PM Relaxation & Colorina 6:00 PM "Grease" (35) 7:00 PM "Lawrence

19

9:30 AM Sunday Headlines 10:00 AM Mass(3/C) 12:30 PM Hymns (CH35) 2:00 PM Trivia 6:00 PM "Planet Earth #3" (35)



20 Martin Luther

King Jr. Day! 10:00 AM Exercise 10:30 AM Rosary(3) 11:00 AM Mass (3) 1:30 PM MLK JR Activity 3:00 PM Sing-a-long 6:00 PM Puzzle Time



21

9:30 AM Action Game 10:30 AM Rosary (C) 11:00 AM Mass © 1:00 Family Feud 2:30 PM Therapy Dogs United in Unit 5:30 PM Reminiscing Circle



22

10:00 AM Stretchina 10:30 AM Rosarv(3) 11:00 AM Mass(3) 1:30 PM Group Baking: Snowman Ice Cream 3:00 PM Winter Word Game 5:30 PM Uno



23

10:00 AM Ecumenical Service 10:30 AM Rosary (C) 11:00 AM Mass (C) 2:00 PM Winter Sports Event 6:00 PM Sing-a-Long



24

10:00 AM Exercise 10:30 AM Rosarv(3) 11:00 AM Mass(3) 1:30 PM Bingo 5:30 PM Manicures 6:30 PM "Indiscreet" (35)



25

10:00 AM Current Events 1:30 PM Resident Choice 3:00 PM Relaxation & Colorina 6:00 PM "Babe" (35) 7:00 PM "Lawrence Welk" (107)

26

9:30 AM Sunday Headlines 10:00 AM Mass(3/C) 12:30 PM Hvmns (CH35) 2:00 PM Trivia 6:00 PM "Planet Earth #4" (35)

27 Outing

10:00 AM Exercise 10:30 AM Rosary(3) 11:00 AM Mass (3) 1:30 PM Outing / **Dunkin Donuts** 3:00 PM Sing-a-long 6:00 PM Board Games



28

9:30 AM Action Game 10:30 AM Rosary (C) 11:00 AM Mass (C) 2:00 PM Afternoon movie and popcorn 5:30 PM Fold and Sort Activity

29 National

Puzzle Dav! 10:00 AM Stretching 10:30 AM Rosary(3) 11:00 AM Mass(3) 1:30 PM Afternoon Coffee Chat 3:00 PM Puzzle time 5:30 PM Ga Fish

30 Chinese New

Year Celebration! 9:30 AM Match Game 10:30 AM Rosary (C) 11:00 AM Mass (C) 2:00 Chinese New Year Celebration (Uht) 6:00 PM Sing-a-Long 31

10:00 AM Exercise 10:30 AM Rosary(3) 11:00 AM Mass(3) 1:30 PM Bingo 5:30 PM Manicures 6:30 PM "







Religious Services (Channel 3)

Weekdays—Mass at 11:00 Sundays—Mass at 10:00 Weds. —Eucharistic Adoration (9:00—11:00 am) Pastoral Visits + Communion provided 1:1

Residents are invited to join live Church Services (Rosary and/ or Mass) in person every Monday-Friday in our chapel with a member of the activity department!

Time for Tea!



You are invited to our Winter Tea Party complete with sparkles, soft lights, delightful treats and a touch of whimsy! Time to relax and enjoy!

> **Thursday January 16th** at 2pm in Uht Hall.

Don't forget to wear your pearls or fancy hat!

Friendly Reminders-

- Events are subject to change and some events are weather permitting.
- Residents are invited to attend Mass on New Years Day in the chapel if accompanied by family member or loved one.
- The activity office phone number is: 814-836-5358.

Welcome New Resident!!!

Barbara G.



There are no January Memory Care birthdays but come celebrate at the birthday bash in UHT hall on Thursday, January 9th! There will be cake and live music by Z Praise, and tons of fun!







Make your own snowman out of ice cream on January 22nd!

We will be using chocolate chips, licorice, cherries, frosting and marshmallows to decorate!

This month's outing: Dunkin Donuts Coffee Trip

January 27th 2025



Sip into Dunkin' and enjoy America's favorite coffee and baked goods chain.



If you are interested in this outing, please sign up with the activity department!