



SAINT MARY'S AT ASBURY RIDGE
SAINT MARY'S EAST

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Saint Mary's & COVID-19: Update #54

Good Afternoon!

So far this week, there have been no new cases of COVID-19 identified at either campus.

With the Easter holiday upon us and warmer weather on the way, we wanted to address questions about resident outings as some of the guidance has changed.

Are residents allowed to go on outings and leave the building? Yes! Outings for both medical appointments and social purposes, such as a car ride around the peninsula or a visit to a loved one's home, are permitted – with safety precautions being paramount, of course.

We appreciate the assistance of our friends and families in keeping everyone safe and ask for your continued help. For any resident going on an outing, the core principles of infection prevention must be followed by the resident and their loved ones. There are three key elements to this including the wearing of facemasks, following social distancing, and practicing proper and frequent hand hygiene.

The nature of the outing and the vaccination status will help determine if other mitigation measures need to be considered when the resident returns. Outings will be reviewed on a case-by-case basis to ensure that both the resident and family understand and are following the core principles of infection prevention. In general, fully vaccinated residents who follow the principles when out of the building do not need to quarantine or be tested upon return. For unvaccinated residents who follow the principles when out of the building, testing may be appropriate following the outing. If it is determined that any resident's exposure during the outing poses a high risk or if there are compliance issues with the core principles of infection prevention, quarantine measures may also be considered upon return.

If you are considering an outing, please contact us to discuss. We request that we are notified of an outing ahead of time so that we can prepare appropriately and that all residents be signed out of the building with an acknowledgement that the proper safety protocols will be followed.

Have a safe and happy Easter!