



SAINT MARY'S AT ASBURY RIDGE
SAINT MARY'S EAST

This communication was sent in an email on October 9, 2020.

Saint Mary's & COVID-19: Update #30

Hello all,

A very brief update this week as there are not many new developments to share.

Most importantly, Saint Mary's East and Saint Mary's at Asbury Ridge continue to report zero cases of COVID-19. This means that visits can continue as they have been and that we can remain in step three of the reopening plan. However, step three is as far as we can advance at this point and it is likely that we will remain in this step for a while longer.

We began administering flu shots this week – we encourage everyone for whom it is appropriate to give serious consideration in getting the flu vaccine this year! You can learn more about what you need to know about the 2020-2021 flu season by visiting the CDC's frequently asked questions page [here](#).

In regards to these weekly email updates, if there is something that has not been addressed or if there is something you would like to hear more about, please let me know and I will do my best to incorporate your interests! Additionally, if you have any questions, comments or general feedback, please feel free to share them with me. I hope that you have found these emails to be helpful and informative.

As always, we urge you to continue to follow the public health recommendations in your personal life such as wearing a facemask, practicing good hand hygiene, frequently cleaning and disinfecting surfaces, and limiting close contact with others. Remember, it is the responsibility of everyone to do their part in slowing the spread of the virus, which will ultimately help protect our residents and greater community.

Thank you!